NEW PALTZ CENTRAL SCHOOL DISTRICT

January 2022

Our Vision: students, staff, families, and community members are CITIZENS OF THE WORLD, PASSIONATE ABOUT LEARNING AND EMPOWERED to achieve their dreams.

Monday Tuesday Wednesday Thursday Friday

Lunch is FREE for all students during the 2021-2022 school year!

Offered daily: 1% and chocolate skim milk; all are antibiotic and BGH free

We offer local fruits and vegetables.

(V) designates Vegetarian option. (P) designates Pork product. (N) designates New item. We offer whole wheat/whole grain products

L			<u> </u>	<u> </u>
3	4	5	6	7
Chicken Nuggets	Grilled Cheese(V)	Meatball Hero	French Toast(V)	Stuffed Crust Pizza(V)
w/ Dipping Sauce	Ham (P) Optional	3 Bean Salad	Sausage (P)	Romaine Salad
Green Beans	Steamed Carrots		Hash Browns	Fruit Juice
Brown Rice				
Alt. Ham and Cheese	Alt. Italian Combo	Alt. Egg Salad	Alt. Tu key and Cheese	Alt. Tuna Salad
10	11	12	13	14
Popcorn Chicken	Soft Taco	Mozzarella Sticks (V)	Cheeseburger	Stuffed Crust Pizza(V)
Macaroni Salad	w/Chili,Cheese,Salsa	w/ Marinara Sauce	Alt. Veggie Burger (V)	Romaine Salad
Seasoned Carrots	Brown Rice	Green Beans	Tater Tots	Fruit Juice
	Black Bean Medley	Dinner Roll	Vegetable Medley	
Alt. Salami and Cheese	Alt. Italian Combo	Alt. Egg Salad	Alt. Tulkey and Cheese	Alt. Tuna Salad
17	18	19	20	21
Martin :	Chicken Patty Sandwich	Macaroni & Cheese(V)	Nachos w/Cheese(V)	Stuffed Crust Pizza(V)
Luther 3	3 Bean Salad	Carrot Sticks	w/Chili	Romaine Salad
King			Refried Beans	Fruit Juice
Day			Brown Rice	
578			Fiesta Salsa	
	Alt. Italian Combo	Alt. Egg Salad	Alt. Tulkey and Cheese	Alt. Tu na Salad
24	25	26	27	28
Chicken Nuggets	Egg & Cheese on a Hard Roll	Pasta & Meatballs	Cheeseburger	Stuffed Crust Pizza(V)
w/ Dipping Sauce	Oven Baked Potatoes	Steamed Carrots	Alt. Veggie Burger (V)	Romaine Salad
Green Beans		Italian Bread	Curly Fries	Fruit Juice
Brown Rice				
Alt. Ham and Cheese	Alt. Italian Combo	Alt. Egg Salad	Alt. Tu key and Cheese	Alt. Tuna Salad
		<u> </u>	·	

31

Chicken Tenders w/ Dipping Sauce Green Peas Fluffv Rice Alt. Salami and Cheese



MENU IS SUBJECT TO CHANGE

This institution is an equal opportunity provider and employer.

